

2023

# Decluttering Cure

## ICON LEGEND

-  INSTANT JOY
-  EASY WIN
-  DIG IN

### Task 1

Set Up Your  
Three Outboxes



### Task 2

Set Up a Guiding  
Principle and  
Ground Rules



### Task 3

Declutter a  
Messy Drawer



### Task 4

Tackle One Spot  
in the Kitchen



### Task 5

Declutter Your  
Clothes Quickly



### Task 6

Organize and  
Get Rid of  
Paper Clutter



### Task 7

Sort Through  
Sentimental  
Clutter



### Task 8

Do One Thing to  
Prevent Future  
Clutter



### Task 9

Create a  
Clutter-Free  
Bedroom



### Task 10

Declutter the  
Bathroom



### Task 11

Identify a Clutter  
Problem Area



### Task 12

Practice the Box  
and Banish Method



### Task 13

Sell or Donate  
the Things You  
Decluttered



### Task 14

Celebrate Your  
Decluttering Wins

