

2022

Decluttering Cure

ICON LEGEND

-  **INSTANT JOY**
15 mins or less
-  **QUICK WIN**
20 mins or less
-  **DIG IN**
45 mins or less

Task 1

Set Up Your 3
Outboxes –
It's Tradition!



Task 2

Establish a Guiding
Principle and
Ground Rules



Task 3

Declutter an
Eyesore Drawer



Task 4

Take this 15
Minute Challenge



Task 5

Tackle One Project
in the Kitchen



Task 6

Spend 20 Minutes
of Quality Time in
Your Closet



Task 7

Part Ways with
Your Paper Clutter



Task 8

Spend 20 Minutes
Decluttering
the Bedroom



Task 9

Streamline Your
Sentimental Clutter



Task 10

Identify Your
Sneaky Problem
Area



Task 11

Declutter the
Busiest Part of
Your Bathroom



Task 12

Practice the Box
and Banish Method



Task 13

Sell or Donate
the Things You
Decluttered



Task 14

Celebrate and
Enjoy Your Wins

