

# decluttering **CURE**

## Day 1

Set up three outboxes

## Day 2

Learn the five rules, then declutter one drawer

## Day 3

Declutter the kitchen for 20 minutes

## Day 4

Do one thing to prevent clutter

## Day 5

Declutter the living room for 20 minutes

## Day 6

Declutter your clothes

## Day 7

Establish a guiding principle

## Day 8

Sort through your paper clutter

## Day 9

Declutter the bedroom for 20 minutes

## Day 10

Streamline your sentimental clutter

## Day 11

Identify a problem area

## Day 12

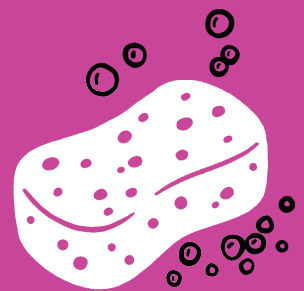
Declutter the bathroom for 20 minutes

## Day 13

Practice the "box and banish" method

## Day 14

Sell or donate the things you decluttered



**APARTMENT THERAPY**

#DECLUTTERINGCURE2021