

DAY 1 The Cure begins! Declutter one drawer	DAY 2 Create a to-do list of projects for your home	DAY 3 Set up an outbox and put one thing in it	DAY 4 Get rid of paper clutter	DAY 5 Clean the floors and buy flowers
DAY 6 Take a mini-meditation and pick a project	DAY 7 Do a 30-minute closet cleanout	DAY 8 Kick off a living room reset	DAY 9 Plan a (virtual) get-together	DAY 10 Clean the kitchen and buy flowers
DAY 11 Find and frame some art	DAY 12 Work on your project	DAY 13 Clean up the bathroom	DAY 14 Do a 3-minute surface sweep	DAY 15 Clean the bedroom and buy flowers
DAY 16 Set up a landing strip	DAY 17 Get your sofa into shape	DAY 18 Take a catch-up day	DAY 19 Empty the outbox and reset your living room	DAY 20 We're done! Relax and enjoy