

apartment therapy

decluttering CURE

IN PARTNERSHIP WITH



DAY 1

The Decluttering Cure Starts Today! Set Up Your Boxes

DAY 2

5 Rules to Help You Declutter Anything—Use Them to Declutter One Drawer

DAY 3

20 Things in Your Living Room You Can Declutter in 20 Minutes

DAY 4

How to Get Rid of Paper Clutter for Good

DAY 5

Envision Your Ideal Space with This One-Room Reset

DAY 6

A Clothes Decluttering Strategy

DAY 7

20 Things in Your Entryway You Can Declutter in 20 Minutes

DAY 8

Do One Thing to Attack the Source and Prevent Clutter

DAY 9

20 Things in Your Kitchen Cabinets You Can Declutter in 20 Minutes

DAY 10

How to Identify and Part With Your Aspirational Clutter

DAY 11

20 Things in Your Bathroom You Can Declutter in 20 Minutes

DAY 12

20 Things in Your Fridge and Pantry You Can Declutter in 20 Minutes

DAY 13

How to Streamline Your Sentimental Clutter

DAY 14

Identify a Problem Area and Schedule Reminders to Declutter it, One Thing at a Time

DAY 15

20 Things in Your Bedroom You Can Declutter in 20 Minutes

DAY 16

A Catch-Up Day—Or Choose Your Own Category

DAY 17

“Dump Zones” Are the Key to a Clutter-Free Home

DAY 18

Find a Home for the Stuff You Store on the Floor

DAY 19

Try the “Box and Banish” Method to Handle Your Toughest Clutter

DAY 20

Where to Sell and Donate Everything You’ve Decluttered