

# 2020

apartment therapy

# january CURE

31 DAYS TO A CLEANER, HEALTHIER HOME

S M T W T F S

S	M	T	W	T	F	S
			1	2	3	4
5	6 Welcome! Declutter a Drawer	7 Create a To-Do List	8 Set Up an Outbox + Put One Thing In It	9 Clean Out Your Pantry Storage	10 Treat Yourself to Flowers Or Plants + Clean the Floors	11 Weekend Chores
12	13 Take A Mini- Meditation + Reflect On Your Home	14 30-Minute Closest Cleanout	15 Find + Frame Some Art You Love	16 Plan a Get-Together	17 Treat Yourself to Flowers Or Plants + Clean the Kitchen	18 Weekend Chores
19	20 Lighten Up the Living Room with a Room Reset	21 Bathroom Cleanup + Cleanout	22 Get Your Sofa Into Shape	23 Work on Your Project	24 Treat Yourself to Flowers Or Plants + Clean the Bedroom	25 Weekend Chores
26	27 Set Up a Landing Strip	28 Catch Up Day	29 Surface Sweep	30 Empty the Outbox + Reset Your Living Room	31 We're Done! Relax + Enjoy	Weekend Chores